

Individual Working Alone (IWA) – Initial

Course length: 3 days

Summary

This initial training course is intended to provide an individual with an understanding of the rules and safety precautions to follow when working alone on or near the line. This includes identifying and setting up a safe system of work, the correct use of sectional appendix, hazard directory and rimini paperwork and the use of emergency procedures in the event of an incident. This is a classroom based course.

Course Award

Successful completion of the course will lead to the issue of a Network Rail Sentinel card showing a valid IWA competency for 2 years.

Course Pre-requisites

Candidates must:

- Be sponsored by a link-up approved company to attend this course
- Produce a valid Network Rail Sentinel card showing a current medical and PTS competency
- Produce one form of photographic ID e.g. passport, photocard driving licence etc

Equipment required

The following personal protective equipment is required:

- Protective “all orange” High Visibility Clothing to BS EN 471:2003
- Safety footwear to BS EN 20345:2004
- Safety Hard Hat to BS EN 397:1995
- Bring along a current PTS Handbook

Any additional equipment required will be provided by the trainer.

Post Training Course

- Within 4 months of completion of the course delegates must successfully complete a competency workplace assessment.
- Between the 9th and 15th month following successful completion of the initial workplace assessment an interim workplace assessment must be carried out by a licensed assessor.
- Work Experience Logbooks will be issued to be completed with details of IWA shifts completed in accordance with NR/SP/CTM/021 Issue 1 (to be superseded by NR/L2/CTM/021 Issue 2 from 01/09//09)